About my child

This card has been designed for moments when I find it too difficult to talk about why my child is no longer here. My child passed away from Sudden Unexplained Death in Childhood (SUDC).

SUDC occurs in children between the age of 1 and 18 years of age.
The cause of death remains unexplained after thorough case investigation.
As the 5th leading category of death in children aged 1-4 years, SUDC is one of the most under-recognised medical tragedies of our time. SUDC UK is the only UK charity dedicated to raising awareness and funds for research into SUDC.
40 children in England and Wales die every year without reason; more young children than to traffic accidents, drowning or fires.

SUDC UK
Sudden Unexplained Death in Childhood
an affiliate of the SUDC Foundation

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