



YOU HAVE RECEIVED A
Random Act of Kindness

IN HONOUR AND MEMORY OF

THEIR LIFE HOLDS GREAT MEANING AND CONTINUES TO TOUCH MANY LIVES

NOW IT'S YOUR CHANCE TO DO THE SAME (IF YOU SO WISH). DO SOMETHING KIND FOR SOMEONE ELSE AND PASS THIS CARD ALONG TO THEM. HERE'S A FEW IDEAS:



Pay for a coffee for someone behind you in a queue



Deliver flowers to someone



Pay for someone's shopping at the checkout



Leave a book for someone to read

**SHARE YOUR STORIES WITH US ON SOCIAL MEDIA @SUDCUK
#SUDCUK #SUDCAWARENESS #RANDOMACTSOFKINDNESS**

SUDC★UK

Sudden Unexplained Death in Childhood

an affiliate of the SUDC Foundation

FOR MORE INFORMATION VISIT SUDC.ORG.UK